



Dear RSVP Philadelphia Volunteers,

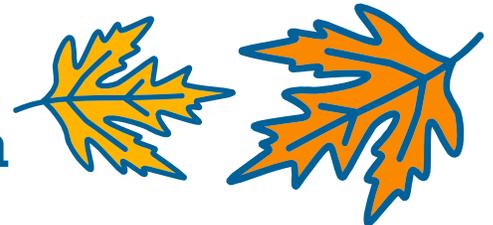
It was so nice celebrating all of you at our Annual Volunteer Luncheon at the Philmont Country Club this past May. Our wonderful volunteer tutors are back in elementary school classrooms across Philadelphia; our cooking groups are back in their kitchens, specifically our university student groups and our loyal synagogue groups that meet during Sunday School. Many of our *Grow for a Friend* garden stations are putting their growing spaces to rest for the winter, while KleinLife's season-extending high tunnels will hopefully produce through to Thanksgiving. It's very rewarding seeing our RSVP Philadelphia volunteer community in full force!

This Fall & Winter we hope to recruit more cooking groups, schools, and veteran programs outside of the Northeast, where recruitment and volunteer retention has proven challenging. We are committed to providing meaningful volunteer opportunities for all of Philadelphia's older adult community, and, as always, we rely on your volunteer enthusiasm to spread the cause of RSVP & Senior Corps.

John Eskate
RSVP Philadelphia Director



Notes from the Desk of the Advisory Council Chairperson by Rhoda Stein



Our first meeting for the 2018-2019 year was held in September where we reviewed this past Annual Volunteer Luncheon and discussed the upcoming 2019 event. We also talked about our new fundraising event, *Painting with a Purpose*, held on November 18. The Advisory Council looks forward to adding more fundraising opportunities to our program.

Also, Andre Krug, President & CEO at KleinLife, was our speaker and gave us an overview of the changes the agency has undergone since 1975. He was very grateful for the work that RSVP Philadelphia does to support our community. Those of you that participate in various activities are a valuable part of the RSVP Philadelphia family and, in some cases, a lifeline to our community. Thank you for your time and help.

As the year goes on, our committee will be visiting various stations to get a firsthand view of the services we sponsor. Hopefully I will meet some of you who work so hard and give so much.



Jewish Federation
of Greater Philadelphia



PHILADELPHIA CORPORATION FOR AGING™

Exciting Volunteer Opportunities

- **30th Street Station:** needed to help out at the information desk.
- **American Red Cross:** working in the blood bank, packing supplies, & helping in the office (knowledge of Word & Excel is helpful).
- **City Hall:** needed as tour guides. Training is provided.
- **KleinLife:** needed in the computer lab & needed for the *Home Delivered Meals* program to help stock freezers and rotate meals.
- **Meals on Wheels:** needed to pack meals for customers & needed to deliver meals.
- **Tutors:** needed for local elementary schools.
- **Winter Emergency Meals:** help prepare meals on select Friday afternoons throughout the winter. We anticipate that inclement weather will prevent some groups from cooking during the winter. These volunteers will help to fill in the missing meals.

Volunteering is Always Good for the Volunteer

by Arnie Escourt

My first job out of Temple in 1956 was teaching Science at Stetson Jr. High. I continued my education and retired as a research associate working for the Philadelphia Board of Education in 1993. One of my hobbies was writing poems and short stories. When my mother moved into an old age home, I volunteered to run the Friday Night Services for an hour each week to try to get my mother more involved. The services went well, but my mother never got involved.

I was shocked when my dear wife died of an ongoing lung problem in 2015 and I needed time to recover. I started going to shul regularly each evening. This helped, but wasn't enough.

I went to RSVP Philadelphia at KleinLife and was told about tutoring kindergarten children. I started a year ago volunteering one morning a week until the end of the year. English was not the first language for many of the students, but by the end of the year you could hardly tell which children had language issues and which did not.

This Fall, I returned to continue working with those wonderful teachers and sweet children.

Cooking for a Cause

by Ronni Jacobs, RSVP Philadelphia board member & Garden Fresh CFF volunteer

Cook For A Friend has enriched my life in so many significant ways. Every Wednesday, I look forward to going to KleinLife, where I can do a "mitzvah" for others. Our group of volunteers, who I now call my friends, all feel the same way. We talk, we chop, we sauté, we laugh, share our lives and work together to prepare, cook and package the food. We have a bond.

As a senior, volunteering has given me a sense of purpose. I know our team feels the same way. We know in some way we are changing the lives of those who receive our food. It's a good feeling.

It doesn't matter how well you cook. We have our fearless, selfless leader, John Eskate, who guides us through and we help each other. When all of the meals are packed up, and we see how many we made, we feel a great sense of accomplishment.

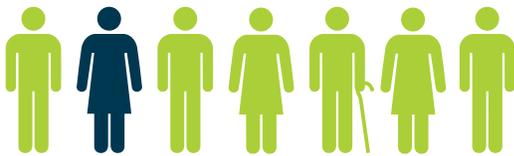
I now have good friends and lasting memories!





This holiday season, we hope you'll *Share the Love* by supporting vulnerable seniors nationwide.

TOO MANY SENIORS ARE LEFT BEHIND, ALONE AND HUNGRY, STRUGGLING TO STAY INDEPENDENT AND HEALTHY.



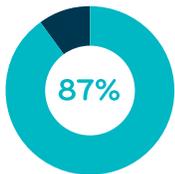
1 IN 7 seniors struggles with hunger

16.6 MILLION are isolated, living alone

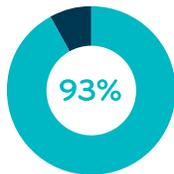
8.6 MILLION are threatened by hunger

18.8 MILLION are living in or near poverty

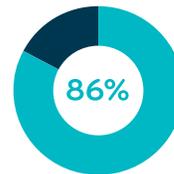
MEALS ON WHEELS DELIVERS THE SUPPORT THAT KEEPS SENIORS IN THEIR HOMES, WHERE THEY WANT TO BE.



say it makes them feel more safe and secure



say it enables them to remain living at home



say it improves their health

Over the past ten years, Subaru and its retailers have helped the Meals on Wheels network deliver nearly **2 MILLION MEALS** to seniors in need across the country.

You can help that number grow when you buy or lease a new Subaru during the 2018 Subaru Share the Love Event, November 15, 2018, to January 2, 2019. Through this year-end sales event, Subaru of America will donate \$250 to your selected charity — and we hope you'll choose Meals on Wheels.



LEARN MORE AT WWW.MEALSONWHEELSAMERICA.ORG/SHARETHELOVE.



The everyday way to make an impact every day

Join us in raising money for RSVP Philadelphia simply by using gift cards where you're already shopping. It's easy, rewarding, and fits perfectly into your busy life.

Gift card retailers include The Home Depot, Target, Best Buy, Disney, Apple, and more!



Buy physical gift cards, eGift cards, and reloadable gift cards at face value on ShopWithScrip.com or the mobile website, MyScripWallet.com.



Easily pay online and earn a rebate between 2% and 16% that immediately goes toward funding for our organization.



Use your gift cards for your everyday shopping.

Start earning today

1. Go to ShopWithScrip.com and select Join a Program.
2. Enter enrollment code **A26B45CE42741** and register.
3. Link your bank account to enroll in online payments and place your first order.

Have a question? Contact Julie Borsky at jborsky@kleinlife.org or 215-698-7300 x191.

American Red Cross Visits KleinLife: Northeast Philadelphia



American Red Cross

On Wednesday, November 14, 2018, Ned Bloom, American Red Cross Volunteer Senior

Specialist, gave a talk on the goals of the American Red Cross as well as the International Red Cross. Ned explained how Clara Barton began this endeavor along with the history, mission, and fundamental values of the organization.

Emergency kits, smoke alarms, and escape plans were discussed. The Red Cross accepts no money from the government.

Ned, currently based in the Lehigh Valley, serves Eastern Pennsylvania, including Bucks, Montgomery, Lehigh, and Northampton Counties.

He suggested how members in the audience could become Blood Donor Ambassadors for just a few hours each month. Volunteers are always needed at blood drives to manage the desk, greet donors, offer them refreshments, and thank them for their contribution.

Ned can be reached at 484-403-4738. His email address is Ned.Bloom@RedCross.org.

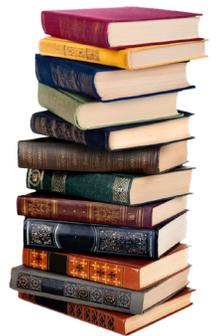
Life Memories From a Book Review

by Anonymous

Yesterday, I had a déjà vu moment. I went to a book review of The Two-Family House by Lynda Cohen Loigman, hosted by my friend Suzanne Udell, a Baker's Bay resident and Assistant Director of RSVP Philadelphia at KleinLife. This organization brings together volunteers aged 55+ and non-profit agencies to meet needs throughout the community.

I had not read the book, but it was fascinating listening to moderator Beverly Rosen. In The Two-Family House, young sisters-in-law are thrown together in a single home (duplex), where their children live as near siblings in what on the surface seemed an ideal life. The story focuses on two families that are inextricably linked by blood and marriage.

This is what brought the déjà vu moment to me. The moderator introduced the families as Helen and Abe who lived upstairs. That was eerie. With that I was waiting for her to say Mary and Max lived downstairs. Had she said that they would have had to pick me up from the floor. In my story, Auntie Marie and Auntie Helen are sisters. The Flemings lived upstairs, and the Shapiros, downstairs. How well I remember going in through the Flemings and then making my way down the back stairs to the Shapiros. Many memories.



NEW

Bake it Happen!

at Congregation Shaare Shamayim
9768 Verree Rd, Philadelphia, PA 19115

First Class:

Monday, December 3 • 1:00-3:00pm

Join Donna Shaid and Naomi Shestack, RSVP Philadelphia's experienced bakers, as they teach you how to make various baked good staples the first Monday of each month. Some of the goodies that will be baked are Hamantaschen, Kamischbret, cookies, strudel, and more! For more information, contact Suzanne Udell at 267-345-7787.



SAVE THE DATES



BOOK REVIEW FUNDRAISER

Tuesday, April 2

ANNUAL VOLUNTEER LUNCHEON

Thursday, May 9

Non-Profit Org.
U.S. Postage
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Phila., PA

ADDRESS SERVICE REQUESTED

Please contact the RSVP Philadelphia office at 267-345-7787

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- Julie Borsky, Community Services Directorjlborsky@kleinlife.org
- Suzanne Udell, Assistant Director.....sudell@kleinlife.org
- Barry S. Wagner, Program Coordinator bwagner@kleinlife.org