

Kleinlife: Rhawnhurst

Located at Tabas House • 2101 Strahle Street, Philadelphia, PA 19152 • 215-745-3127

Tuesday, Wednesday, Thursday • 10:30am-3:30pm

MARCH 2023*

TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right;">February 28</p> <p>11:00 Bereavement Support Group with Eileen Weinstock, LCSW</p> <p>11:30 Yoga Dance with Elayne</p> <p>12:30 Lunch (& Anna Cohen Memorial)</p> <p>12:30 Chess Club</p> <p>1:30 Insights into the Bible: Personalities of the Bible Series</p> <p>2:15 Bingo & Mah Jong</p>	<p style="text-align: right;">March 1</p> <p>11:30 Core Strength with Herb</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>1:30 Game Day: Scrabble, Rummikub, Bingo</p> <p>2:15 DJ & Karaoke with Barry</p>	<p style="text-align: right;">2</p> <p>11:30 Muscle Strength with Herb</p> <p>12:30 Erev Shabbat Service</p> <p>12:30 Chess Club</p> <p>12:45 Lunch</p> <p>1:30 Bingo</p> <p>2:00 Netflix Series</p> <p>2:30 Scrabble & Rummikub</p>
<p style="text-align: right;">7</p> <p style="text-align: center;">Program Closed</p>	<p style="text-align: right;">8</p> <p>11:30 Core Strength with Herb</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>1:45 DJ & Karaoke with Barry</p>	<p style="text-align: right;">9</p> <p>11:30 Muscle Strength with Herb</p> <p>12:30 Erev Shabbat Service</p> <p>12:30 Chess Club</p> <p>12:45 Lunch</p> <p>1:30 Bingo</p> <p>2:00 Netflix Series</p> <p>2:30 Scrabble</p>
<p style="text-align: right;">14</p> <p>11:00 Bereavement Support Group with Eileen Weinstock, LCSW</p> <p>11:30 Yoga Dance with Elayne</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>1:30 Let's Talk: Passover</p> <p>2:15 Bingo & Mah Jong</p>	<p style="text-align: right;">15</p> <p>11:30 Core Strength with Herb</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>12:40 Lunch & Learn with Jeri Kohut</p> <p>1:30 Game Day: Scrabble, Rummikub, Bingo</p> <p>2:15 DJ & Karaoke with Barry</p>	<p style="text-align: right;">16</p> <p>11:30 Muscle Strength with Herb</p> <p>12:30 Erev Shabbat Service</p> <p>12:30 Chess Club</p> <p>12:45 Lunch</p> <p>1:30 Bingo</p> <p>2:00 Netflix Series</p> <p>2:30 Scrabble & Rummikub</p>
<p style="text-align: right;">21</p> <p>11:00 Bereavement Support Group with Eileen Weinstock, LCSW</p> <p>11:30 Yoga Dance with Elayne</p> <p>12:30 Purim Luncheon</p> <p>12:30 Chess Club</p> <p>12:40 Entertainment with J.T. Trinacria</p> <p>2:00 Bingo & Mah Jong</p>	<p style="text-align: right;">22</p> <p>11:30 Core Strength with Herb</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>1:30 Game Day: Scrabble, Rummikub, Bingo</p> <p>1:45 DJ & Karaoke with Barry</p>	<p style="text-align: right;">23</p> <p>11:30 Muscle Strength with Herb</p> <p>12:30 Erev Shabbat Service</p> <p>12:30 Chess Club</p> <p>12:45 Lunch</p> <p>1:30 Bingo</p> <p>2:00 Netflix Series</p> <p>2:30 Scrabble & Rummikub</p>
<p style="text-align: right;">28</p> <p>11:00 Passover Seder Set Up</p> <p>1:00 Passover Seder with Rabbi Sandi Berliner</p>	<p style="text-align: right;">29</p> <p>11:30 Core Strength with Herb</p> <p>12:30 Lunch</p> <p>12:30 Chess Club</p> <p>12:40 Lunch & Learn with Eileen Chopnick</p> <p>1:30 Game Day: Scrabble, Rummikub, Bingo</p> <p>2:15 DJ & Karaoke with Barry</p>	<p style="text-align: right;">30</p> <p style="text-align: center;">Program Closed</p>

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*calendar subject to change



Jewish Federation of Greater Philadelphia



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TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right;">February 28</p> <p>Stuffed Cabbage Carrot raisin salad; Potato latkes; Whole wheat Bread; Applesauce</p>	<p style="text-align: right;">March 1</p> <p>Cheese Omelet with Peppers & Onions Diced potatoes; Warm cinnamon & nutmeg spice peaches; Whole wheat bread**; Oatmeal cookie** or Choice Meal: Tuna Salad Nicoise Salad & Italian Dressing Marinated green bean salad; Potato salad</p>	<p style="text-align: right;">2</p> <p>Breaded Chicken Strips Broccoli; Sweet corn; Challah roll; Peaches</p>
<p style="text-align: right;">7</p> <p style="text-align: center;">Program Closed</p>	<p style="text-align: right;">8</p> <p>Baked Tilapia with Mustard Cream Sauce Sautéed spinach & carrots; Wide noodles; Whole wheat roll**; Cinnamon applesauce** or Choice Meal: Egg Salad with Lettuce Marinated tomato & white bean salad; Marinated carrot salad</p>	<p style="text-align: right;">9</p> <p>Stuffed Chicken with Poulet Sauce Rosemary red bliss potatoes; Brussel sprouts; Challah roll; Banana chocolate chip loaf</p>
<p style="text-align: right;">14</p> <p>Sweet & Sour Chicken Oriental blend vegetables; Brown rice; Whole wheat roll; Fruit cocktail</p>	<p style="text-align: right;">15</p> <p>Cheese Omelet Scalloped tomatoes; O'Brien potatoes; Whole wheat bread**; Chocolate chip cookie** or Choice Meal: Seafood Salad & Hard Boiled Egg Lettuce & tomato; Three bean salad; Broccoli salad with raisins and onions</p>	<p style="text-align: right;">16</p> <p>Sliced Beef Brisket Marsala Broccoli, carrot, and cauliflower; Kasha & bowties; Whole wheat bread; Fresh apple</p>
<p style="text-align: right;">21</p> <p>Purim Party Barbeque Beef Brisket Lentil vegetable soup; Honey carrots; Potato knish; Challah roll; Hamentaschen</p>	<p style="text-align: right;">22</p> <p>White Fish Salad Platter Lettuce, tomato, and onion; Cold couscous salad with diced peppers; Marinated cucumber dill salad; Whole wheat roll; Peaches</p>	<p style="text-align: right;">23</p> <p>Pot Roast Peas; Wide Noodles; Whole wheat bread; Fresh orange or Ruby Red Salad with Chicken Marinated beet salad; Marinated broccoli salad; Whole wheat roll; Fresh orange</p>
<p style="text-align: right;">28</p> <p>Passover Seder Roasted Chicken Legs Matzah ball soup; Gefilte fish with beet horseradish; California blend vegetables; Homemade potato kugel; Matzah; Passover honey cake</p>	<p style="text-align: right;">29</p> <p>Cheese Omelet with Peppers & Onions Diced potatoes; Warm cinnamon & nutmeg spice peaches; Whole wheat bread**; Oatmeal cookie** or Choice Meal: Tuna Salad Nicoise Salad & Italian Dressing Marinated green bean salad; Potato salad</p>	<p style="text-align: right;">30</p> <p style="text-align: center;">Program Closed</p>

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*menu subject to change
**included in choice meal



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