

Kleinlife: Rhawnhurst

Located at Tabas House • 2101 Strahle Street, Philadelphia, PA 19152 • 215-745-3127

Tuesday, Wednesday, Thursday • 10:30am-3:30pm

MAY 2023*

TUESDAY	WEDNESDAY	THURSDAY
<p>2</p> <p>11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 1:30 Insights into the Bible: Personalities of the Bible Series 2:15 Bingo & Mah Jong</p>	<p>3</p> <p>11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 1:30 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry</p>	<p>4</p> <p>11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:30 Bingo 1:30 Netflix Series: Designated Survivor 2:30 Scrabble & Rummikub</p>
<p>9</p> <p>11:00 Bereavement Support Group 11:30 Yoga Dance with Elayne 12:30 Mother's Day Luncheon 12:30 Chess Club 12:45 Music with Nick Z 1:30 Insights into the Bible: Personalities of the Bible Series 2:15 Bingo & Mah Jong</p>	<p>10</p> <p>11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 12:40 Lunch & Learn with Corrine from Cigna 1:30 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry</p>	<p>11</p> <p>11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:30 Bingo 1:30 Netflix Series: Designated Survivor 2:30 Scrabble</p>
<p>16</p> <p>11:30 Muscle Strength with Herb 12:30 Lunch 12:30 Chess Club 1:30 Insights into the Bible: Personalities of the Bible Series 2:15 Bingo & Mah Jong</p>	<p>17</p> <p>11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 12:40 Lunch & Learn with Jeri Kohut 1:30 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry</p>	<p>18</p> <p>11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:30 Bingo 1:30 Netflix Series: Designated Survivor 2:30 Scrabble & Rummikub</p>
<p>23</p> <p>11:00 Bereavement Support Group 11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 12:40 Entertainment with J.T. Trinacria 2:00 Bingo & Mah Jong</p>	<p>24</p> <p>11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 12:40 Lunch & Learn with Jeri Kohut 1:30 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry</p>	<p>25</p> <p style="text-align: center;">Program Closed Erev Shavuot</p>
<p>30</p> <p>11:30 Muscle Strength with Herb 12:30 Lunch 12:30 Chess Club 1:30 Insights into the Bible: Personalities of the Bible Series 2:15 Bingo & Mah Jong</p>	<p>31</p> <p>11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 12:40 Lunch & Learn with Kornblau Medical Services 1:30 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry</p>	<p>June 1</p> <p>11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:30 Bingo 1:30 Netflix Series: Designated Survivor 2:30 Scrabble & Rummikub</p>



*calendar subject to change



Jewish Federation of Greater Philadelphia



Kleinlife: Rhawnhurst • MAY MENU*

TUESDAY	WEDNESDAY	THURSDAY
Middle Eastern Beef ² Couscous; Israeli salad; Whole wheat roll; Pears	Baked Tilapia with Mustard Cream Sauce ³ Sauteed spinach & carrots; Wide noodles; Whole wheat roll**; Cinnamon applesauce** or Choice Meal: Egg Salad with Lettuce Marinated tomato & white bean salad; Marinated carrot salad	Stuffed Chicken with Poulet Sauce ⁴ Rosemary red bliss potatoes; Brussel sprouts; Challah roll; Banana chocolate chip loaf
Mother's Day Luncheon ⁹ Chicken with Rice Stuffing & Gravy Fresh spinach salad with dressing; Potato knish; Honey glazed carrots; Dinner roll; Apple strudel; Juice	Cheese Omelet ¹⁰ Scalloped tomatoes; O'Brien potatoes; Whole wheat bread**; Chocolate chip cookie** or Choice Meal: Seafood Salad & Hard Boiled Egg Lettuce & tomato; Three bean salad; Broccoli salad with craisins and onions	Sliced Beef Brisket Marsala ¹¹ Broccoli, carrot, and cauliflower; Kasha & bowties; Whole wheat bread; Fresh apple
Sliced Turkey with Onion Au Jus & Stuffing ¹⁶ Mixed vegetables; Sweet potato cubes; Whole wheat bread; Mandarin oranges	White Fish Salad Platter ¹⁷ Lettuce, tomato, and onion; Cold couscous salad with diced peppers; Marinated cucumber dill salad; Whole wheat roll; Peaches	Pot Roast ¹⁸ Peas; Wide Noodles; Whole wheat bread; Fresh orange or Ruby Red Salad with Chicken Marinated beet salad; Marinated broccoli salad; Whole wheat roll; Fresh orange
Stuffed Cabbage ²³ Carrot raisin salad; Potato latkes; Whole wheat Bread; Applesauce	Cheese Omelet with Peppers & Onions ²⁴ Diced potatoes; Warm cinnamon & nutmeg spice peaches; Whole wheat bread**; Oatmeal cookie** or Choice Meal: Tuna Salad Nicoise Salad & Italian Dressing Marinated green bean salad; Potato salad	<p style="text-align: center;">Program Closed Erev Shavuot</p>
Middle Eastern Beef ³⁰ Couscous; Israeli salad; Whole wheat roll; Pears	Baked Tilapia with Mustard Cream Sauce ³¹ Sauteed spinach & carrots; Wide noodles; Whole wheat roll**; Cinnamon applesauce**	Stuffed Chicken with Poulet Sauce ^{June 1} Rosemary red bliss potatoes; Brussel sprouts; Challah roll; Banana chocolate chip loaf



*menu subject to change
 **included in choice meal



Jewish Federation
of Greater Philadelphia

