

Kleinlife: Rhawnhurst

Located at Tabas House • 2101 Strahle Street, Philadelphia, PA 19152 • 215-745-3127

Tuesday, Wednesday, Thursday • 10:30am-3:30pm

MAY 2024*

TUESDAY	WEDNESDAY	THURSDAY
<u>April</u> 30	<u>May</u> 1	2
Program Closed Passover	Program Closed Passover	11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:15 Amazon Prime Series: The Marvelous Mrs. Maisel 1:30 Bingo
7	8	9
11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 1:15 Insights into the Bible: Personalities of the Bible 2:00 Bingo	11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry	11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:15 Amazon Prime Series: The Marvelous Mrs. Maisel 1:30 Bingo
14	15	16
11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 1:15 Insights into the Bible: Personalities of the Bible 2:00 Bingo	11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry	11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:15 Amazon Prime Series: The Marvelous Mrs. Maisel 1:30 Bingo
21	22	23
11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 12:45 Spring Fling! Entertainment with JT 2:00 Bingo	11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 12:45 Lunch & Learn: Nutrition Education 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry	11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:15 Amazon Prime Series: The Marvelous Mrs. Maisel 1:30 Bingo
28	29	30
11:00 Bereavement Support Group 11:30 Yoga Dance with Elayne 12:30 Lunch 12:30 Chess Club 1:15 Coping with Anxiety & Stress Workshop with Eileen 1:40 Insights into the Bible 2:00 Bingo	11:30 Core Strength with Herb 12:30 Lunch 12:30 Chess Club 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke with Barry	11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:30 Chess Club 12:45 Lunch 1:15 Amazon Prime Series: The Marvelous Mrs. Maisel 1:30 Bingo



*calendar subject to change



Kleinlife: Rhawnhurst • MAY MENU*

TUESDAY	WEDNESDAY	THURSDAY
	<p><u>May 1</u></p> <p>Program Closed</p> <p>Passover</p>	2
		<p>Breaded Chicken Strips Sweet potato cubes; Peas; Challah roll; Peaches**</p>
7	8	9
<p>Honey Mustard Baked Chicken Quarter Dill cucumber and onion salad; Whipped potatoes; Whole wheat bread; Sugar cookie</p>	<p>Spanish Omelet with Peppers, Tomato, & Onions Home fries; Corn & red peppers; Whole wheat roll; Mandarin oranges**</p> <p>or Choice Meal: White Fish Salad Tomato & onion slices; Marinated green bean salad; Vegetable pasta salad; Mini bagel</p>	<p>Beef Brisket with Tomato Gravy Kasha & bowties; Green beans; Challah roll**, Fresh orange**</p> <p>or Choice Meal: Chicken Salad Over Greens Italian dressing; Macaroni salad; Marinated carrot salad</p>
14	15	16
<p>Meatloaf Whipped potatoes; Peas & carrots; Whole wheat bread; Pears</p>	<p>Panko Crusted Tilapia Green beans; Scalloped potatoes; Whole wheat bread; Fresh apple**</p> <p>or Choice Meal: Tuna Salad Pita Lettuce and tomato; Lemon herb couscous salad; Marinated dill cucumber salad</p>	<p>Baked Honey BBQ Chicken Cole slaw; Baked sweet potato cubes; Whole wheat roll; Peaches**</p>
21	22	23
<p>Chicken Marsala Garden salad with French dressing; Wide noodles; Whole wheat roll; Mandarin oranges</p>	<p>Tilapia with Creamy Dill Sauce Green bean almandine; Vegetable couscous; Whole wheat roll**, Unsweetened cinnamon applesauce</p> <p>or Choice Meal: Egg Salad Platter Lettuce; Marinated tomato & red onion salad; Marinated broccoli salad; Oatmeal cookie</p>	<p>Sweet & Sour Meatballs Mixed vegetables; Brown rice with bell peppers; Challah roll; Pineapples**</p> <p>or Choice Meal: Asian Chicken Salad Sesame cucumber salad; Asian pasta salad</p>
28	29	30
<p>Hearty Beef & Vegetable Stew Bowtie pasta; Whole wheat bread; Applesauce</p>	<p>Italian Baked Fish with Tomato & Olive Sauce Caesar salad; Couscous; Whole wheat roll**, Pineapples**</p> <p>or Choice Meal: Seafood Salad with Hard Boiled Egg Marinated cauliflower salad, red pepper and onion; Carrot raisin salad</p>	<p>Breaded Chicken Strips Sweet potato cubes; Peas; Challah roll; Peaches**</p>



*menu subject to change
**included in choice meal



Jewish Federation
of Greater Philadelphia

