

# Kleinlife: Rhawnhurst

Located at Tabas House • 2101 Strahle Street, Philadelphia, PA 19152 • 215-745-3127

Tuesday, Wednesday, Thursday • 10:30am-3:30pm

**NOVEMBER 2024\***

TUESDAY	WEDNESDAY	THURSDAY
November 5	6	7
10:45 Chess Club 11:30 Yoga Dance with Elayne 12:30 Lunch 1:30 Insights into the Bible: Personalities of the Bible Series 2:00 Bingo	10:45 Chess Club 11:30 Core Strength with Herb 12:30 Lunch 12:45 Lunch & Learn with Nicole Hersch 1:15 Game Day: Scrabble, Rummikub, Bingo 2:15 DJ & Karaoke	10:45 Chess Club 11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:45 Lunch 1:15 Netflix Series: The Crown 1:30 Bingo
12	13	14
10:45 Chess Club 11:30 Yoga Dance with Elayne 12:30 Lunch 1:30 Insights into the Bible: Personalities of the Bible Series 2:00 Bingo	10:45 Chess Club 11:30 Core Strength with Herb 12:30 Lunch 12:45 Lunch & Learn: The Sweet Dangers of Sugar 1:20 DJ & Karaoke	10:45 Chess Club 11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:45 Lunch 1:15 Netflix Series: The Crown 1:30 Bingo
19	20	21
10:45 Chess Club 11:30 Yoga Dance with Elayne 12:30 Thanksgiving Lunch 12:45 Thanksgiving Party with Entertainer J.T. Trinacria 2:15 Bingo	10:45 Chess Club 11:30 Core Strength with Herb 12:30 Lunch 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke	10:45 Chess Club 11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:45 Lunch 1:15 Netflix Series: The Crown 1:30 Bingo
26	27	28
10:45 Chess Club 11:00 Bereavement Support Group 11:30 Yoga Dance with Elayne 12:30 Lunch 1:15 Coping with Anxiety and Stress Workshop 1:45 Insights into the Bible: Personalities of the Bible Series 2:15 Bingo	10:45 Chess Club 11:30 Core Strength with Herb 12:30 Lunch 1:15 Game Day: Scrabble, Rummikub, Bingo 2:00 DJ & Karaoke	<h2>Active Adult Life Closed Thanksgiving</h2>
December 3	4	5
10:45 Chess Club 11:30 Yoga Dance with Elayne 12:30 Lunch 1:30 Insights into the Bible: Personalities of the Bible Series 2:00 Bingo	10:45 Chess Club 11:30 Core Strength with Herb 12:30 Lunch 1:15 Game Day: Scrabble, Rummikub, Bingo 2:15 DJ & Karaoke	10:45 Chess Club 11:30 Muscle Strength with Herb 12:30 Erev Shabbat Service 12:45 Lunch 1:15 Netflix Series: The Crown 1:30 Bingo



\*calendar subject to change



# Kleinlife: Rhawnhurst • NOVEMBER MENU\*

TUESDAY	WEDNESDAY	THURSDAY
<p style="text-align: right;">November 5</p> <p><b>Classic Meatloaf with Tomato Glaze</b> Mashed potatoes; Mixed vegetables; Whole wheat roll; Sugar cookie</p>	<p style="text-align: right;">6</p> <p><b>Stuffed Shells</b> Green beans; Tossed salad with Italian dressing; Mandarin oranges** <b>or Choice Meal: White Fish Salad Platter</b> Lettuce, tomato, &amp; onion; Israeli salad; Three bean salad; Mini bagel</p>	<p style="text-align: right;">7</p> <p><b>Sliced Turkey with Roasted Garlic Gravy &amp; French Onions</b> Honey whipped sweet potatoes; Sugar snap peas; Whole wheat roll; Pineapples</p>
<p style="text-align: right;">12</p> <p><b>Sweet &amp; Sour Chicken</b> Broccoli &amp; carrots; Brown rice; Whole wheat roll; Mandarin oranges</p>	<p style="text-align: right;">13</p> <p><b>Swiss &amp; Spinach Omelet</b> Marinated tomato &amp; onion salad; Hashbrowns; Whole wheat roll**; Applesauce <b>or Choice Meal: Garden Salad Topped with Seafood Salad</b> Three bean salad; Carrot raisin salad; Fresh plum</p>	<p style="text-align: right;">14</p> <p><b>Hamburger with Caramelized Onions</b> Broccoli &amp; corn; Rosemary red bliss potatoes; Whole wheat hamburger roll; Peaches** <b>or Choice Meal: Chicken Caesar Salad</b> Marinated tomato salad; Vegetable pasta salad; Whole wheat bread</p>
<p style="text-align: right;">19</p> <p><b>Thanksgiving Party</b> <b>Turkey with Cornbread Stuffing and Cranberry Sauce</b> Vegetable soup; Mashed sweet potato; Green bean almandine; Pareve pumpkin pie</p>	<p style="text-align: right;">20</p> <p><b>Lemon &amp; Capers Baked Fish</b> Green beans; Buttered wide noodles; Whole wheat roll**; Fresh orange** <b>or Choice Meal: Egg Salad Platter</b> Lettuce &amp; tomato; Dill cucumber salad; Marinated green bean salad</p>	<p style="text-align: right;">21</p> <p><b>Fajita Chicken with Peppers &amp; Onions</b> Fiesta corn; Spanish rice; Whole wheat tortilla; Pineapples** <b>or Choice Meal: Turkey on Whole Wheat Pita</b> Lettuce &amp; tomato; Potato salad; Health salad</p>
<p style="text-align: right;">26</p> <p><b>Oven Baked Chicken Quarter</b> Sugar snap peas, carrots, and red peppers; Couscous; Whole wheat bread; Fruit cocktail</p>	<p style="text-align: right;">27</p> <p><b>Mushroom &amp; Cheddar Omelet</b> Rosemary red bliss potatoes; Marinated green bean salad; Whole wheat bread**; Pineapples** <b>or Choice Meal: Greek Tuna Salad</b> Chickpea salad</p>	<p style="text-align: right;">28</p> <p style="text-align: center;"><b>Active Adult Life Closed Thanksgiving</b></p>
<p style="text-align: right;">December 3</p> <p><b>Classic Meatloaf with Tomato Glaze</b> Mashed potatoes; Mixed vegetables; Whole wheat roll; Sugar cookie</p>	<p style="text-align: right;">4</p> <p><b>Stuffed Shells</b> Green beans; Tossed salad with Italian dressing; Mandarin oranges** <b>or Choice Meal: White Fish Salad Platter</b> Lettuce, tomato, &amp; onion; Israeli salad; Three bean salad; Mini bagel</p>	<p style="text-align: right;">5</p> <p><b>Sliced Turkey with Roasted Garlic Gravy &amp; French Onions</b> Honey whipped sweet potatoes; Sugar snap peas; Whole wheat roll; Pineapples</p>

**Kleinlife**

\*menu subject to change  
\*\*included in choice meal



Jewish Federation  
of Greater Philadelphia

